

The scenic Praxtour route films are now available for interactive usage in group exercises. This adds an extra dimension to the exercises: it will be different, better, more beautiful and more realistic! The route film, which is played on a large screen, provides a great challenge which makes you feel like you are really cycling the route. Ride along Lake Iseo, climb the Alpe d'Huez or some famous Cycling classics. There is plenty of variation with many Praxtour route films. PraxSpin plays your movie in a time pre-set by the instructor, which allows any route to be completed within te duration of the lesson. By showing distance, time,



gradients and cadence on the screen, the instructor's lesson will be more realistic. When the gradients increase, just shift up and reduce the RPM. Never before has a group exercise offered so much satisfaction.







## **Delivery:**

- PraxSpin software;
- Challenging route films;
- Garmin RPM sensor en ANT+ USB stick;
- 24" or 27" touchscreen or a big TV screen;
- Mini PC;
- · Mobile and hight adjustable console;
- · User manual;

Optioneel: large screen of your choice.

## Advantages:

- The participants are boosted and motivated;
- Very easy to use;
- Unique concept;
- Each route is divided into 6 parts, to be used as start and finish;
- · Connection possible to any spin bike;
- Movie plays in pre-set time period;
- Also possible to play film on pedal speed with adjustable minimum and maximum speed;
- · Display of data from the instructor bike;
- Expansion possible with more beautiful route movies;
- Remote control: remote software support.





